

Perennial Edibles

Research individual species for proper use and preparation

Acorus gramineus
Acorus calamus
Actinidia arguta '*Issai*'
Agave
Akebia
Allium cernuum
Allium sativum
Allium schoenoprasum
Amelanchier alnifolia
Apios americana
Aralia nudicaulis
Aronia melanocarpa
Asparagus
Bunias orientalis
Curcuma longa
Fern: Matteuccia struthiopteris
(Ostrich)
Fern: Athyrium felix-femina
(Lady)
Fragaria
Gaultheria procumbens
Helianthus tuberosus
Hemerocallis
Lathyrus japonicus
Lathyrus tuberosus
Lindera benzoin
Lycium barbarum
Opuntia
Oxalis tuberosa
Passiflora incarnata
Polygonatum biflorum
Prunus maritima
Rhexia virginica
Rosa
Rubus
Rumex - acetosa, sanguineus
Salvia apiana
Sambucus
Sanguisorba
Sium sisarum
Typha
Uvularia
Vaccinium
Yucca